The Truth About Living A Long Healthy Life

Is it diet, exercise, anti-aging pills, reduced stress, genetics, environment?

Learn the simple and surprising answers to longevity
Based on over 20 years of research!

Debunk popular myths!

WHEN: Saturday May 19, 2012 1 PM - 3:30 PM
WHERE: Samve Center
COST: $39

CONTACT: Kelly Sullivan at Samve Center
www.samve.com
Registration by May 15

Facilitator: Cathirose Petrone ND MA CNC

Director of Living Health Institute

AAMA-Certified Traditional Naturopath

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