

“Igniting Your Heart’s Wisdom”



*An Introduction to
“The Mandala Process”
A One-Day Experiential Workshop*



“Mandala Means Sacred Circle”

Join us at: *The Samve Yoga Centre (Bankers Hill)*

With *Sharon Murnane, RN, HNB-BC, CHTP*

Certified Mandala Process Facilitator

Sunday, October 11, 2009 , 9:00 AM – 4:00 PM



A day for heart, spirit, ceremony and connection



Results you can expect:

- Gift yourself your heart’s wisdom messages*
- Connect through sound , ceremony & creative art form*
- Access your authentic self in the safe container of ...
“The Mandala Process”*

Please Contact: Kelly Sullivan for registration and details

(858) 495-2448 www.samve.com

**15% discount for early registration: \$98, after September 25th \$120
(plus \$25 materials fee) (cash, check or credit card accepted)
~BYO light lunch—snacks and beverages provided~**

Please Note: Important “first step” introductory workshop for other mandala workshops in the months to come for expanding & deepening the experience.

www.mandalaheartwisdom.com

